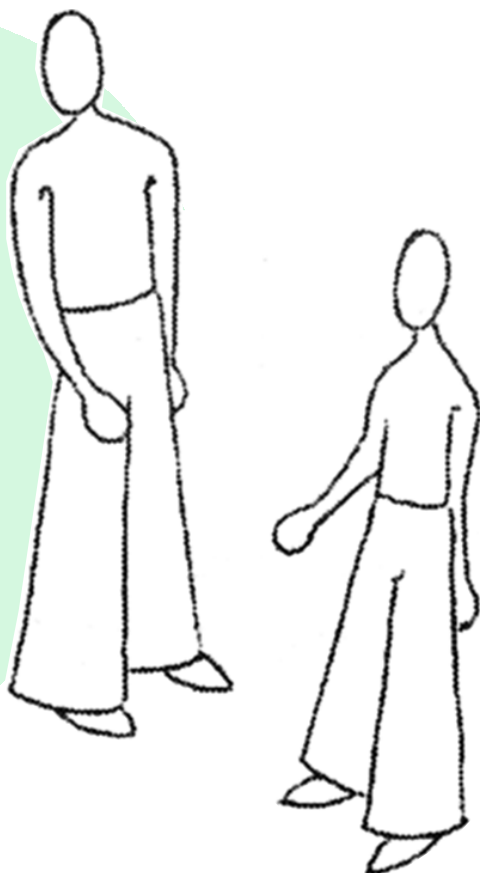


Retiring early?

A whole new world awaits you!



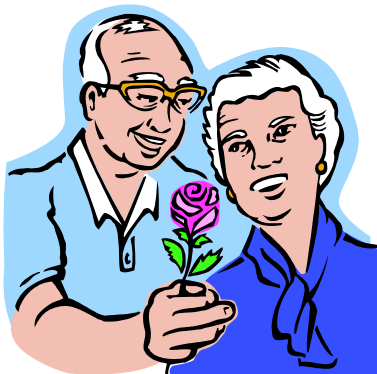
Volunteer Centre Tameside

You are needed!

If you are going to have more time on your hands, why not spend it doing something enjoyable, but with meaning and purpose?

You have skills and experience that others need, and we have 100's of different opportunities for you.

We can guarantee you won't be bored!



Volunteer Centre Tameside has information on volunteer opportunities in Tameside, including:

- Advice and counselling
- Driving
- Conservation Work
- Work with people
- Administration and typing
- Computer work
- Fund-raising
- Children's holiday play schemes
- Teaching arts and crafts
- Helping on management committees
- Befriending someone with special needs
- Working for animal welfare organisations
- Helping with youth clubs



...and lots more

The beauty of voluntary work is that YOU CHOOSE the amount of time you'd like to offer, whether it's two hours a week, half a day etc.

Some people find they miss work and their colleagues more than they thought - but there are so many new things you can do, and so many new people you can meet and work with.

Come and see us just to find out more.

Volunteer Centre Tameside offers you:

- 100's of volunteering opportunities with local, national and international voluntary organisations.
- Information on voluntary opportunities by appointment, by telephone or over the internet.
- A confidential volunteering advice service when you can discuss all your options on a one-to-one basis with a member of staff.

If you are thinking of volunteering, don't hesitate, phone 0161 339 2345 or log on to our website at www.tamesidevb.org.uk TODAY

This could be the best thing you've ever done!

Why Volunteer?

It can be really enjoyable.

You can make new friends.

You are doing something really useful that won't get done without your help.

You can improve your local area.

Helping others makes you feel good.

You can put your talents and experience to good use or you can do something completely different.

You can learn new skills and develop new interests.

You can gain training and experience in a new field if you would still like to work part-time.

You can make such a difference in your local community - your company's loss is their gain!

Ask for Sue Vickers at:
The Volunteer Centre,
95/97 Penny Meadow,
Ashton-u-Lyne,
OL6 6EP or telephone to
make an appointment on
0161 339 2345

A Registered Charity